

Defensive Tactics Update

Rev. 12/22/2020

EXPANDED COURSE OUTLINE

Mandated Components Key:

- (1) Safety Orientation and Warm Up(s)
- (2) Control techniques / Takedowns
- (3) Body Physics and Dynamics
- (4) Handcuffing
- (5) Injury Prevention
- (6) Prisoner Restraint
- (7) Searches
- (8) Use of Force – AB392 update
- (9) Weaponless defense
- (10) Weapon retention
- (11) Adult learning concepts
- (12) Legal Issues
- (13) Performance evaluation techniques
- (14) Safety protocols
- (15) Written, Oral, and/or Demonstration Assessment

I. Introduction:

A. Course Goals

1. Sound officer safety principles
2. Individual skill development
3. Assault defense
4. Body weapons
5. Equipment & restraint devices
6. Weapon retention

B. Safety Procedures

1. Equipment inspections – NO LIVE WEAPONS
2. Warm up
3. All skills performed at no more than 60% speed and power
4. All participants are safety officers
5. No “horse-play”

II. Officer Safety:

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- A. Principles Applied to Modern Challenges
 - 1. Assault on Officer Statistics
 - 2. Mindset and Preparation
 - 3. Human Factors
 - 4. Positioning and Tactical Advantage
 - 5. Verbal Commands
- B. San Jose PD Policies and Legal Standards

III. Searching and Handcuffing

- A. Low profile handcuffing
 - 1. Verbal directions to suspect
 - 2. Visual search
 - 3. “Position of disadvantage” for suspect
 - 4. Search pattern
 - 5. Disengagement
 - 6. Instructor demonstration/class exercise
- B. Standing and prone handcuffing
 - 1. Officer position of advantage
 - 2. Suspect position of disadvantage
 - 3. Verbal directions to suspect
 - 4. Suspect response/actions
 - a. Body physics
 - b. Body dynamics
 - 5. Handcuff deployment and application
 - 6. Instructor demonstration/class exercise

IV. Weapon Retention

- A. Officer’s mental preparedness and mental distraction
 - 1. Expect it will happen
 - 2. Prepare in advance
- B. In-holster pistol retention from different angles of attack
 - 1. Defend weapon
 - 2. Distract suspect
 - 3. Counter attack options
 - 4. Balance and footwork
 - 5. Instructor demonstration/class exercise

V. Defensive Tactics

- A. Assault Defense
 - 1. Positioning, balance, movement
 - 2. Guard defense
 - 3. Body weapons
 - 4. Ground survival
 - 5. Instructor demonstration/class exercise

VI. Use of Force Considerations

- A. Legal aspects
 - 1. Federal Law
 - 2. California Law
 - 3. Civil Case Studies
- B. Force Decision Making
 - 1. Objective reasonableness
 - 2. “Reasonable Officer”
- C. Review of agency Use of Force policy
 - 1. Discuss how agencies policies have changed relative to AB 392.
 - 2. SB 230, a related Bill to AB 392, addresses agency Use of Force policies and includes specific mandated criteria for policies no later than January 1, 2021.
 - 3. Discuss how agencies policies have changed relative to SB 230.

VI. First Aid Considerations

- A. In custody death
- B. Excited delirium
- C. Fire/paramedics response
- D. Hospital clearance

VIII. Physical Skills Testing and Course Evaluation

- A. Positions of advantage – Demonstrated
- B. Ground survival – Demonstrated
- C. Verbalization and visual search
- D. Standing handcuffing - Demonstrated
- E. Prone handcuffing - Demonstrated
- F. Weapon retention - Demonstrated