



SAN JOSE POLICE DEPARTMENT

TRAINING BULLETIN

TO: ALL DEPARTMENT PERSONNEL

FROM: Edgardo Garcia
Chief of Police

SUBJECT: CIT Tips - Hoarding

DATE: February 6, 2020

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Hoarding

The majority of officers and Communications personnel have attended the Crisis Intervention Training (CIT) Academy. Since some personnel have yet to attend and others have not attended recently, the Department is providing periodic information on various mental health conditions. This Training Bulletin is being published in accordance with the 2017 IPA recommendations.

REMEMBER:

Hoarding Disorder is on the compulsive spectrum disorder in the Diagnostic and Statistical Manual of Mental Disorders of American Psychiatric Association (DSM-5). People with hoarding disorder have difficulty discarding possessions regardless of their value, and in most cases persistently acquire objects. The possessions are accumulated in large numbers and often fill up living spaces creating safety/fire hazards and making the living space non-functional.

DO:

- Match the person's language when referring to their possessions (i.e. "things", or "collection").
- Use encouraging statements (e.g. "I see you have a clear pathway to the bathroom, good job.").
- Highlight strengths, for example: "You take great care of your cat."

DON'T:

- Use judgmental language such as, "what a mess,".
- Let your non-verbal expressions show what you are thinking.
- Devalue or negatively judge their possessions.
- Make suggestions about what they should do with their possessions.
- Touch their belongings without permission.

RESOURCE CONTACT NUMBERS:

Adult Protective Services (Reporting Line) 408-975-4900	County MH Services Call Center "CORE" (To Connect to Available Services) 800-704-0900	Mobile Crisis Response Team (L/E only Number) [REDACTED]
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Edgardo Garcia
Chief of Police

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